

# April Senior Center Network Lunch Menu

## TRAVERSE CITY

12 p.m./Monday-Friday  
Reservations MUST be made  
24 hours in advance, call

947-5285

## INTERLOCHEN

12 p.m./Thursday  
Reservations MUST be made  
by Monday the week of, call

922-2080

## KINGSLEY

12 p.m./Wednesday  
Reservations MUST be made  
by Monday the week of, call

922-2080

## FIFE LAKE

12 p.m./Apr 4, 18 Wednesday  
Reservations MUST be made  
by Monday the week of, call

879-4101



**Suggested Donation for those 60+; \$5 CHARGE FOR THOSE UNDER 60**

Milk, whole grain white bread, (salad/slaw TC location only) and fruit served with every meal. Menu subject to change.

<b>Mon Apr 2</b> Cheese Manicotti W/Marinara Sauce Peas Zucchini	<b>Tue Apr 3</b> Sloppy Joe W/Bun Seasoned Potato Wedges Key West Blend	<b>Wed Apr 4</b> Penne Pasta Sauce W/Meatballs Malibu Blend Tossed Salad <b>Dessert—Kingsley</b>	<b>Thurs Apr 5</b> Honey Mustard Chicken Thigh Roasted Sweet Potato Green Beans <b>Dessert — Interlochen</b>	<b>Fri Apr 6</b> Beef Stew Beets Capri Blend
<b>Mon Apr 9</b> Goulash Normandy Blend Mixed Vegetable	<b>Tue Apr 10</b> Turkey and Gravy Mashed Redskin Potatoes Key West Blend	<b>Wed Apr 11</b> Chili Carrots Country Blend	<b>Thurs Apr 12</b> Cabbage Roll W/Marinara Sauce Peas and Carrots Broccoli Slaw	<b>Fri Apr 13 Birthday Party</b> Sweet and Sour Chicken Rice Pilaf Green Beans Almondine <b>Dessert—Traverse City</b>
<b>Mon Apr 16</b> Sausage Gravy W/Biscuit Roasted Potatoes Wax Beans	<b>Tue Apr 17</b> Macaroni and Cheese Three Bean Salad Succotash Vegetables	<b>Wed Apr 18</b> Roast Pork Au Gratin Potatoes Winter Squash <b>Dessert—Fife Lake</b>	<b>Thurs Apr 19</b> Grilled Hamburger W/Bun Tater Tots Kettle Beans	<b>Fri Apr 20</b> Meatloaf Mashed Redskin Potatoes Capri Blend
<b>Mon Apr 23</b> Citrus Tilapia Stewed Tomatoes Malibu Blend	<b>Tue Apr 24</b> Stuffed Pepper Casserole Brussels Sprouts Squash Blend	<b>Wed Apr 25</b> Chicken and Vegetables Seasoned Potato Wedges Sugar Snap Peas	<b>Thurs Apr 26</b> BBQ Pulled Pork W/Bun Roasted Sweet Potatoes Normandy Blend	<b>Fri Apr 27</b> <b>NO LUNCH</b> <b>TC Senior Center Open</b>
<b>Mon Apr 30</b> Teriyaki Meatballs Rice Pilaf Oriental Vegetable Blend				
<b>** SENIOR CENTER MEMBERSHIP IS NOT REQUIRED FOR LUNCH PROGRAM **</b>				