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Making longer lives better lives.

FOR IMMEDIATE RELEASE

Date: Thursday, September 08, 2016

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Subject: Free Falls Risk Assessment

The 9th annual Falls Prevention Awareness Day (FPAD) will be observed on September 22, 2016—the first day of fall. The Senior Center Network in Traverse City has teamed up with Fyzical Therapy and Balance Centers to offer free falls risk assessments from 10 a.m. – 2 p.m. that day.

This event seeks to raise awareness about how to prevent fall-related injuries among older adults. According to the CDC's National Center for Injury Prevention and Control, one out of three adults aged 5 or older falls each year, but less than half talk to their healthcare provider about it.

“We are pleased to offer these free assessments that could prevent a tragic fall,” says Ericca Hovie, Program Coordinator. Every 17 seconds, an older adult is treated in the emergency room for a fall; every 29 minutes an older adult dies from injuries incurred from a fall. The good news is that the vast majority of these falls are preventable! Advance registration is not necessary. If you have any questions, please call 231-922-4911.

Grand Traverse County -

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